

Harborview
Family Practice

118 Harbor Road
Portland
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PRESCRIBER

Dr Elena Marsh
General practitioner

REGISTRATION

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DISPENSE AT

Any pharmacy

Specimen layout. Not a valid
prescription and not for clinical
use.

Prescription

HFP-RX-2026-0512

PATIENT

Maya Chen

DATE OF BIRTH

14 March 1988

RECORD NUMBER

MRN 0000-4471

DATE WRITTEN

12 May 2026

Ferrous fumarate 210mg tablets

One tablet twice daily, with a drink containing vitamin C. Not to be taken with tea, coffee or milk.

Quantity 112 tablets Supply 28 days Repeats None

Paracetamol 500mg tablets

Two tablets up to four times daily when required. Not more than eight tablets in twenty-four hours.

Quantity 32 tablets Supply As required Repeats None

To the pharmacist: please counsel on the darkening of stools with iron, which is expected. The patient has been told to return in twelve weeks for a repeat blood test before any further supply.

Signature of prescriber

Date signed